

# **Toileting Policy**

## **Statement of Intent**

At Little Sunbeams see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

We will strive to encourage our children to use the toilet facilities independently, or if they need assistance we will positively promote that our staff are there, ready and willing to help them.

## **Aims**

To ensure children are able to use the toilet in a hygienic manner with minimum distress to the child, in a way agreed with the parents. We (The Management) believe it is vital for each child, that we adopt a consistent approach, in line with how the parent/carer approaches toilet training at home

## **Methods**

Children are supervised in the toilet area and helped as and when needed.

1. The children are encouraged to pull down their trousers; pants etc themselves.
2. They are encouraged to wipe themselves and pull up their clothing
3. They are then asked to flush the toilet and wash their hands
4. Children are not allowed to play in the toilet area

All members of staff assisting children with toileting, or use of toilet facilities, such as hand washing, nappy changing, etc, hold completed Disclosure and Barring Services (DBS) checks.

All accidents will be dealt with swiftly, appropriately, sympathetically and in a calm, low key way. Praise will be given if a child has made the effort to go to the toilet independently.

No child will be left wet or dirty for a parent/carer to change later.

All nappy changes or changing of wet clothing must be recorded on the individual child's care diary on Tapestry for the parents/carers to view.

The wearing of gloves is not mandatory when changing a child, however gloves are provided at all times should staff choose to wear them. Staff are aware of the importance of stringent hand washing following the administering of any personal care.

Some children may enter pre-school with special educational needs and/or medical conditions which indicate the need for special toileting arrangements or toilet training. These children fall within the terms of the SEN and Disability Act 2001, and we as a pre-school must take 'reasonable steps' to support these children.

Ideally we would arrange for any specialist advice, training, resources to be in place before the child begins attendance and we would agree a written plan with parents/carers and the child, to ensure the child's needs were being met effectively. This plan would then be monitored and

reviewed regularly, by all parties, to ensure it was still appropriate and meeting the changing needs of the child.

Delayed continence is not necessarily linked with learning difficulties and it would be unacceptable for us to refuse admission to any child purely because they are delayed in achieving continence.

We believe that we have an obligation to meet the needs of children with delayed personal development in the same way as we would meet the individual needs of children with delayed language, or any other kind of delayed development.

#### **Non-Toilet Trained Children:**

We expect non-toilet trained children to arrive in a clean, fresh nappy to begin their session, however we accept that a child may soil a nappy whilst travelling to preschool. If this is the case, we expect the parent to change the child before leaving them in our care, and if necessary we will provide the parent with the appropriate equipment to do so.

#### **Toilet Training:**

We respectfully ask that when initially toilet training a child, the parents allow the child to wear pants at home for at least a minimum of **7 days**, and the child is confident and compliant with using the toilet or a potty, prior to sending them to preschool wearing pants.

We politely request that children remain in a pull up whilst in setting and refrain from wearing pants until they are able to communicate their toileting needs and are able to pull their own lower garments up and down, with little support.

As a setting we will support parents in any way we can throughout the year, should a child begin potty training, however we strongly encourage that initial potty training takes place during a school holiday not during term time.

#### **Nappy changing:**

Children wearing nappies will be changed at least once every 4 hours even if nappy appears to be dry and soiled nappies will be changed as soon as an adult becomes aware that the child has soiled.

Version	Changes made	Author	Date
1.0	Baseline version	Lyn D	31 <sup>st</sup> Dec 2015
1.0	Reviewed, no changes made	Lyn D	10 <sup>th</sup> Aug 2016
1.0	Reviewed, no changes made	Lyn D	2 <sup>nd</sup> Aug 2017
1.1	Paragraph added re: a child arriving in a fresh nappy	Lyn D	6 <sup>th</sup> Aug 2018
1.2	Paragraph added relating to nappy changing	Lyn D	28 <sup>th</sup> Jan 2020
1.3	Paragraph added (in bold) relating to toilet training at home	Lyn D	27 <sup>th</sup> June 2021

1.4	Paragraph added relating to Toilet Training	Lyn	31 <sup>st</sup> July 2024
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